

Himalayan Project Nepal

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Report on Disabled Persons in Bakanje VDC. December 2011 By Ambika Maharjan and Kurt Lomborg

This Report is prepared for the knowledge of Mrs. Randi Brorson (randi@randibrorson.dk) and her friends MetteMathiasen (riends-nielsiuulm@yahoo.dk) and Lars Thøger Jensen (larsthj@gmail.com) who are working with disabled people in Danmark, from which work they are going to retire within the next few years, and now have a wish to work in their field in Bakanje VDC.

As a preparation for Ambika's and Kurt's visit to Bakanje a Schedule, used in Danmark to evaluate disabled persons abilities and disabilities, were adjusted more or less to meet the situation of disabled persons in Bakanje. But it did show several irrelevant questions, as the situation in Bakanje is so much different from Danmark, and as most of the facilities, which is available in Danmark, is absolutely absent in Bakanje. We only succeeded in interviewing the relatives of five persons, which seem to be the most heavily disabled among all. If the interview had concentrated on the less disabled, the schedule might have had a more positive result.

The persons we interviewed were the ones we ourselves went to see. We did spread the information, that we were having this survey, but when people understood that we were not going to do anything right now, and maybe never, the interest in seeking us up did show to be absent. Even we did visit the 6 main villages of Bakanje several times during Pilot-WEP III no one took action by themselves to meet us.

We had got success to find out 27 partially and fully disable people in Bakanje VDC. Most of disable person and their family wish to have support by donors either by re-habitation or by money. This survey was quite challenging for us because while we are asking and looking for disable information, mostly we had seen a hungry and tired eyes that are waiting for support. So, we would like to suggest Mrs. Randi Brorson and her friends to think carefully and seriously before you start the Project for disable people anywhere in developing place like Bakanje. It will catch you, and you will never be able to leave it.

If we run the Project, it will take long time to reach the success or might fall down on the way. But anyhow if we could start with this project as a Pilot Project to know willingness, interest and view of the disable people and their family. We should design and determined the criteria and type of disable with whom we can work with.

There are also so many Disable centers in Kathmandu but very few in the village and some places there are no disabling Centers. Normally in the Disable centers of Kathmandu there are facilities of Lodging and food and education to them. And they are from different village so mostly they never back to the home until they wish to go by their own self. And parents also do not want to take them back home because they can't take care to them for everything. I found the people who are staying in the disable center they are happy than with their family because there are all of them are similar and they can share to each other's feelings,

there are neither superior nor inferior all are equal but in normal society there is not such a easy environment. People are not behaving normally as normal people. People might thought that being disable in present is due to the bad work in our past life and for realize they are having such a bad condition and if we see them before to do some good work it might be bad. So they do not behave nicely to any kind of disable people. So, traditional people have such a superstition belief and dibbles are treating with sympathy not by love.

There are scope of funding to disable center it might be change the life of Disable and the view of people who are behaving badly to the disable person. Many parents of the disable are in search of the disable organization that can take care of their child for long term and where there is not discrimination for the disabling.

So, if someone opens the Disable center she/he should give the Academic education for them and some kind of trainings according to their knowledge and their ability. It will be encourage them to do something in their life and they should not depend upon the others. Also, if they can learn some skillful training according to their ability then also it will be income generating source for them. But such an organization should be long term because it is related to human life and if it can't run the organization for long term then it will be great problem to those disables that are there with hope and expectation to change the life and condition of them may be worse than before.

OVERVIEW ON DISABLED PEOPLE IN BAKANJE VDC, SOLUKHUMBU DISTRICT

The overview includes all persons in Bakanje, whom we were informed about, who is suffering from chronic diseases, which is debilitating their daily life. We didn't succeed to visit or examine the major part of them, as well as we considered several to be functioning well enough not to be approached. Evaluation: given points 1-10 where 1 is normal and 10 is worst possible (this evaluation is self-made on the spot, and not according to given scale). Those who have grey color added by their name have answered the: "Interview Schedule for evaluation of Disabled Persons and their disabilities".

					_		Evaluation		5		
S.N.	Name	Age	Gender	Village Name	Ward	Disable Type	Physi	Mental		lm- prove	
					ď		cal	Impr	Expr	e '	Remarks
1	DawaGyaljen Sherpa	5	Male	Bakanje	4	Eye & Mental	5-6	3	5	Yes	Need few years of help
2	BimalaThami	5	Female	chhimbu	8	Ear Problem	1	1	1	Yes	Cronic infection in middle ear
3	SanchiThami (Tamang)	6	Female	Lole	2	Eye & Leg					
4	SujanKhadka	7	Male	Sagardanda	3	Mental	7	7	6	Yes	Need support
5	MamataJiral	7	Female	Kenja	9	Leg problem	6	1	1	?	Chronic knee disorder after injury
6	Ruby Bashnet	8	Female	Sagardanda	3	Deaf					
7	Nar Maya Bashnet	12	Female	Sagardanda	6	Leg problem		1	1	?	After injury
8	Suk BirThami	12	Male	Lole	2	Leg Problem					
9	JamunaBashnet	13	Female	Sagardanda	6	Deaf					
10	Ram ChandraThami	15	Male	Kenja	9	Mental problem	4	7	8	(yes)	Can't be left alone
11	MingmaChhiri Lama	16	Male	Lole	2	Deaf	1	4	3	yes	Need education and sign language
12	AitayaThami	17	Male	Chhimbu	8	Deaf					
13	SamjhanaThami	18	Female	Chhiringkharka	1	Back Bone problem	3	1	3	Yes	Can never work properly but need care and guidance
14	Dolma Sherpa	21	Female	Dakchu	3	Deaf & Dumb	1	2	4	Yes	Need education and sign language
15	Lhakpa Sherpa	24	Male	Bakanje	4	Paralysis	3	2	3	No	Master of Education and teacher
16	Onchhu Lama	30	Male	Lole	2	Deaf					
17	Sona Sherpa	30	Female	Bakanje	5	Leg					
18	LokBahadurKhatri	32	Male	Sagardanda	6	Deaf					
19	NimaNuri Sherpa	35	Female	Bakanje	4	Mental problem					
20	Mingma Sherpa	40	Female	Bakanje	4	Eye					
21	Pasangphuri Sherpa	40	Male	Bakanje	4	Leg	3	1	1	no	Hard working man
22	Dhan Sari Bashnet	42	Female	Sagardanda	6	Partially paralyzed	4	2	4	no	Brain damage from lightening – could improve
23	MadhuPradhan	44	Female	Kenja	9	Mental problem	2	6	8	yes	Brain damage from epilepsia - could improve with proper care
24	TejBahadurBashnet	45	Male	Sagardanda	6	Leg Problem	3	3	4	No	Peon at Sagardanda School
25	SonamThami	55	Male	Chhimbu	8	Leg	3	1	1	no	Chronic wound on shin
26	Sharkini Sherpa	57	Female	Bakanje	4	Paralysis					
27	TumseThami	68	Male	Chhimbu	8	Blind					

Interview Schedule for evaluation of Disabled Persons and their disabilities

DawaGyaljen Sherpa SujanKhadka Ram Chandra Thami Dhan Sari Bashnet MadhuPradhan	Name of the Disabled Person:								
Age (Birthday and Year of Birth) 5 Years 8 8 Years 15 Years 42 Years 444 Years Name and relation of other persons who are present at the interview Maya Sherpa (Mother) SaradaKhadka (Mother) Suku Maya Thami (Mother) Bhagwati Bashnet (Daughter) Sister in Law Date of the Interview 23-10-2011 24-10-2011 17-10-2011 17-10-2011 17-10-2011 No No No No Yes No Children Yes/No – Age and Name of Spouse No No No No No Yes No Children Yes/No – Age and Name of Children No No No No No Yes No Mhat is your Handicap? Inhibition of mobility. From birth he has a cranial depression in the back of his head. Mentally he is fairly normal, but his focusing and balance is disturbed. Remarks? He is living in Bakanje with his family and before it he was with his grandmother in Bhandar. **Your everyday life** Do you have problems with personal hygiene? Which problems? He can't eat properly by his own self. Be can't eat properly by his own self. Be can't eat him-self. He can't eat properly by his own self. Briting Paradada with problems? He can't eat him-self. She is living with her bash of hother has to No, she is able to eat herself. She is living with her pother' fa and economy doesn't seem en on the problems? Which problems?	DawaGyaljen Sherpa	SujanKhadka	Ram Chandra Thami	Dhan Sari Bashnet	MadhuPradhan				
S Years 8 Years 15 Years 42 Years 44 Years	Basic Information								
Name and relation of other persons who are present at the interview			Age (Birthday and Year of Birth)						
Maya Sherpa (Mother) SaradaKhadka (Mother) Date of the Interview 23-10-2011 24-10-2011 17-10-2011 24-10-2011 17-10-2011 24-10-2011 17-10-2011 Married Yes/No – Age and Name of Spouse No No No No Yes No Children Yes/No – Age and Name of Children No No No What is your Handicap? Inhibition of mobility. From birth he has a cranial depression in the back of his head. Mentally he is fairly normal, but his focusing and balance is disturbed. He is living in Bakanje with his family and before it he was with his grandmother in Bhandar. He is living in Bakanje with his family and before it he was with his grandmother in Bhandar. Your everyday life Do you have problems with personal hygiene? Which problems? He can't eat properly by his own self. Be can't eat properly by his own self. He can't eat properly by his own self. Bo you have economic problems? Which problems? Wath the reversiblems with problems? He can't eat properly by his own self. Bo you have economic problems? Which problems? Wath the reversiblems with personal hygiene? Which problems? Do you have economic problems? Which problems? Sister in Law 17-10-2011 17-1	5 Years	8 Years	15 Years	42 Years	44 Years				
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24-10-2011 24-10-2011 17-10-2011 24-10-2011 17-10-2011	Maya Sherpa (Mother)	SaradaKhadka (Mother)	Suku Maya Thami (Mother)	Bhagwati Bashnet (Daughter)	Sister in Law				
Married Yes/No – Age and Name of Spouse No No No No Yes No Children Yes/No – Age and Name of Children No No No Yes No Children Yes/No – Age and Name of Children No No Yes No What is your Handicap? Inhibition of mobility. From birth he has a cranial depression in the back of his head. Mentall misbalance and Physical disorder. Mental misbalance and Physical disorder. Mongulism (Physical & mental) He has a squint on his left eye. Mongulism (Physical & mental) He has a squint on his left eye. Partially Paralyzed by thunderbolts. She has mental Problem due to epilepsy. She is living in Sagardanda with his family and before it he was with his family. **Your everyday life** Do you have problems with personal hygiene? Which problems? **Yes, She is not able to do herself.* Yes, She is not able to do herself. Yes, She is not able to do herself									
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His family condition is poor. (3 Normal farmer and father use to They have no income source, for She seems not so poor but income is Yes, she is not able to planning of	His family condition is poor /2	Normal farmer and father use to	· · · · · · · · · · · · · · · · · · ·		Yes, she is not able to planning on				
children) children carry load too for others. Indicate the source, for the seems not so poor but income is the seems not so poor but incom			1 .	·					
field.	Ciliaren)	carry load too for others.	•	not sufficient.	everyday me.				
Do you have problems with planning you everyday life? Which problems?									
	He is too young.				Yes, other people are not giving				
if someone is helping her.	112.12.12.3 ,00.1.6.	100000	line and any promise at any	·					
Do you feel secure in your everyday life?									
He is too young but seems happy to Don't know he is too young to know He can stay at home alone for some Yes, she feels secure in her home. She is not considering her every									

Name of the Disabled Person:									
DawaGyaljen Sherpa	SujanKhadka	Ram Chandra Thami	Dhan Sari Bashnet	MadhuPradhan					
be with his mother all the time.	about his feelings.	hours.		life.					
Remarks?									
	Being to	gether with family and othe	<u>r people</u>						
Do you have problems with giving care to your family? Which problems?									
No, he can look after the family	Yes, he can't care anything because	He can't care anyone but can	No, she can help in some household	Yes, she is not able to give care to					
especially he can look after his	he need cared by others for	become angry and wild.	work.	family.					
younger brother and sister at home.	everything.								
		blems with giving care to your family? N							
No, mother is taking care for him.	No, mother and his elder brothers	If he gets food time to time he	No, family members are giving care	No, family members were taking					
	are taking care of him.	seems happy otherwise he gets	and support to her.	care but some time they feel it is too					
		angry.		much work.					
		blems with giving care to other people?							
No, he can adjust with his	Yes, can't care anyone.	He can't care anyone.	Yes, not able to give care to other	Yes, she is not able to give care to					
neighbours.			People.	other people.					
	Do you have problems with receiving care from other people? Which problems?								
No, neighbors people do care for	Yes, people do not like so much to	No, he doesn't show any reaction.	Yes, other people are not giving care	Yes, other people were not giving					
him	be close.		to her.	care for her.					
		ns with being in contact with other peop	· · · · · · · · · · · · · · · · · · ·						
No, he can play and enjoy with other	Yes, he can't speak.	He used to be happy having contact	No, she can adjust with people but	Yes, not able to speak and she					
friends.		with others for a moment but soon	don't like to spend lot of time in	become angry if people are against					
		he reacts as dislikes the contact.	talking.	her inactivity.					
		Remarks?							
		oare time, work and education							
	Wh	ich activities and work are you involved	in?						
Can look for cow & can carry light	Nothing Special but can follow	He is not involved in any activity at	Only in some minor household work	She is not involved in any activities.					
things by hand.	mother's instruction.	home even his mother believed that	like help in Kitchen.						
		he can help her with something.							
Are there activities which you would like to involve in, but is difficult or not possible for you to take part in? Which activities?									
He had difficult to carry load by	Don't know too young.	He doesn't show any interest in any	Yes, she would like to involve in	She doesn't know because her mind					
with rope in forehead (Namlo).		activities.	women group visiting neighbors but	is not functioning.					
not able to do.									
		problems with work or education? Whi							
His mother was Planning to send	Not going school and there is no any	He is not performing any work and	Yes, not able to do work and not	Yes, she is not able to work or					
him school by next year.	plan to send him school	has no education.	educated.	education.					
		Remarks?							

Name of the Disabled Person:							
DawaGyaljen Sherpa	SujanKhadka	Ram Chandra Thami	Dhan Sari Bashnet	MadhuPradhan			
		Communication					
	Do you have probl	ems with talking and listening to people	? Which problems?				
No, he can talk and listen.	Can listen and understand but can't talk.	He can say "mother" and can understand few orders and he had never cried.	No, she doesn't have problems in listening but difficult to talk and see.	Yes, she has Problems on talking because she can't speak but can listening to people with less understanding.			
		other people care to communicate with	i				
Yes, but can't speak fluently.	Yes, but less react from his side.	Only father and mother communicate with him.	Yes, other people want to communicate with her.	No, people show less interest to communication.			
	Do you have	problems with reading and writing? Wh	ich problems?				
Yes right now but he will go to school by next year.	Yes, according to condition he can't read.	No idea because he is not send to school.	Yes, she can't read and write.	Yes, not able to read and write.			
		Do you have friends who visit you? Who)?				
Yes, many neighbors friend.	No, He has no any friends because he is not seems active.	No, he doesn't have any friends and even he doesn't feel good with his sister.	Yes, only few neighbors friends but not often.	No, she doesn't have any friends.			
		Remarks?					
	Do you have prob	Home lems with getting around in your home	? Which problems?				
No, he can walk around but not too far.	Yes, but can't walk around.	No, he can walk around the home.	Yes, need support from someone for getting around at home.	Yes, difficult to work freely she needs support.			
	Do you have pro	oblems with taking care of your home? \	Which problems?				
No, he was never left alone at home.	Can't care	He doesn't take care of anything.	No, she can look after the home.	Yes, she is not able to take care of home.			
	Do you have problem	ns with carrying out activities in your ho	me? Which problems?				
No, he shows normal Behaviors.	Can't carry anything	Yes, he is not carrying any activities.	Yes, she is not perfectly able to carry out activities.	Yes, she is not able to carry out activities.			
		Where are you staying in your home?					
He can stay Everywhere and he sleeps with father and younger sister.	Everywhere in which place parents let him to stay.	He can Stay in the room only in the house and sleeping with mother.	Wherever she wish mainly in her room.	Everywhere in the houses with guidance.			
	V	Vhich facilities can you use in your home	e?				
He can use all the facilities available at home.	All facilities available at home.	No facilities provided for him.	All facilities which are available at home.	All facilities which is available at home.			
		Do you have proper toilet facility?					
No, he doesn't have proper toilet facility.	No, he doesn't have proper toilet.	He can do everything everywhere outdoors but sometimes he does anywhere.	Yes, but very poor toilet.	Yes, but very poor sanitation.			

Name of the Disabled Person:								
DawaGyaljen Sherpa	SujanKhadka	Ram Chandra Thami	Dhan Sari Bashnet	MadhuPradhan				
Do you have washing and bathing facilities?								
No, he doesn't have washing and bathing facilities.	No, he doesn't have washing and bathing facilities.	No, he has no facilities of washing and bathing facilities.	Yes, but very poor place.	Yes, but is not proper.				
Remarks?								
<u>Transportation</u>								
		problems getting around indoors? Whi	ch problems?					
No, he can walk around indoors.	Yes, he has problems getting indoors.	No, he has no problem getting indoors.	Yes, she needs help from someone.	Yes, she needs someone's support.				
		s getting around outdoors near your ho	me? Which problems?					
No, he can walk.	Yes, he has problem because he can't walk hardly he can stand for few minutes.	No, he doesn't have any houses near by his home.	Yes, she needs help for someone.	Yes, she needs someone's support.				
	Do you have problems get	ting around outdoors more far away fro	m home? Which problems?					
No, but can't walk alone far away from home.	Yes, very much.	No, he always staying at home and near around has difficulties in walking.	Yes, she is not able to get around outdoors more far away from home.	Yes, not able to get around outdoors more far away from home.				
Do you have problems getting around in other people and families home? Which problems?								
He had never visiting other people and families.	Yes, carried by mother.	No, he hasn't been alone to any family visit.	Yes, she is not able to visit others.	Yes, not able to getting around in the home.				
Are you able to travel with bus to Kathmandu?								
No, he can't.	No, It is impossible from him.	No, he can't.	Yes, if someone support or join to her.	No, she is not travel alone by bus anywhere.				
	A	re you able to travel alone or with esco	rt?					
Yes, only with escort.	Yes, he can do short travel with his escort.	No, he can't travel even with escort.	No, can't travel alone but can with escort.	No, not able to travel alone but if there is someone who can carry her all the day.				
Remarks?								
Hope in Future Do you have hopes that you can have major changes in your life? Which hopes?								
He has no idea right now because he is too young.	Don't know, too young.	No, he has no hopes.	No, she has no hope to improve.	No, she has no hope for major change in her life.				
Do you have hopes that you can have changes in your current situation? Which hopes?								
He is too young	Don't know, too young.	No, he has no hopes to change his condition and he is too young.	No, there is no hope to change in current situation.	No, there is no hope to change in current situation.				
		ave hopes that your situation can chang						
Yes, his family has hoped to get change in his condition.	Yes, there is hope to parents that their son's condition might be	No, there are no hopes to his family that the situation can be changed.	No, family members have also no hope to change her situation.	No, there is no hopes from family too.				

Name of the Disabled Person:								
DawaGyaljen Sherpa	SujanKhadka	Ram Chandra Thami	Dhan Sari Bashnet	MadhuPradhan				
	changed.							
Remarks?								
	S	Summary of functional abilit	:V					
	_	1. General information	_					
		Extremely poor Thami family living	It seems she is in happy and has	Probably she has suffered from				
		far away from everyone.	good life with her family.	hypoxia in connection with epileptic				
				crisis.				
		2. The everyday life						
Have almost normal life but difficult	Very difficult in normal life because	There are no activities, no option,	She has not so bad everyday life.	She is not Conscious about the life				
to have normal movement.	he is fully dependent upon the	nothing.		and need.				
	parents.							
		Being together with family and other pe	·					
He is happy to communicate with	He seems to be happy.	He don't care to contact with other	She doesn't care to others people	She is not able to deal with others.				
other people.		people	business.					
4. Spare time, work and education								
He is too young	He is spending time with nothing	To spending time with nothing.	She spends day with some minor	She have no sense of time and				
	else.		works of the house.	action				
		5. Communication						
He can communicate which is not so	He can' communicate with others.	He doesn't communicate with other.	Sometimes she communicates with	She can communicate quite less.				
bad			others.					
	T.,	6. Home						
His mother is quite strong but father	He and his family are living in a small	The family is extremely poor and	She is not so poor and house is also	She can stay where she put.				
is physically weak. So, the condition	house and they are depends upon	there are no facilities in his home	not bad.					
of home is poor.	farming.							
	T-1	7. Transportation	1					
In Solu where they are living have no	There is no any transportation	There are no transportation and no	There is no any transportation	She has to be carried so not				
public transportation is available	available in the village.	need of it.	available in the village.	practical.				
	T	8. Hopes	I a					
Yes, there are hopes to get change	Yes, there is some hope to improve	He has no idea about hope.	She has no idea of hope.	She have no hope and family neither				
in his situation.	his condition.							
	N. 1. 6. 1 . 1.	Remarks?						
Need proper care by everyone.	Need to find out his main problem.	He need support to improve his	She needs some supports.	She needs support from everyone to				
		condition.		live.				